

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
10 km									
Männlich									
1.	(1)	1432	David Schönherr	M30	LSF Münster	16:08	17:10	0:33:18	0:33:18
2.	(1)	1302	Manuel Kruse	M20		16:22	17:50	0:34:11	0:34:11
3.	(2)	1612	Erik Petors	M20		16:49	17:36	0:34:25	0:34:25
4.	(3)	1635	Michael Beetz	M20	LSF Münster e.V. Hellmann Progress	17:04	18:16	0:35:19	0:35:20
5.	(1)	953	Armin Schmitz	M35	Eulen & Lerchen Münster	17:28	18:38	0:36:04	0:36:05
6.	(1)	1176	Thomas Bardtke	M50	BSG LVM Versicherung	17:26	18:43	0:36:07	0:36:08
7.	(2)	1252	Ludger Schröer	M50	LG Deiringsen	17:28	18:58	0:36:25	0:36:25
8.	(2)	1110	Philipp Rosenow	M30	LSF Münster	17:44	19:17	0:37:00	0:37:00
9.	(2)	1099	Marc Hug	M35	Team Ronouchi	17:35	19:36	0:37:10	0:37:10
10.	(3)	1480	Johannes Otte	M35	Northwood Runners	18:26	19:17	0:37:41	0:37:42
11.	(4)	1054	Julian Donnermeyer	M20	Tri Finish Münster	18:21	19:24	0:37:41	0:37:44
12.	(5)	1276	Felix Remmersmann	M20		18:23	19:31	0:37:50	0:37:53
13.	(6)	965	Kevin Ulrich	M20		18:25	19:54	0:38:18	0:38:19
14.	(4)	1453	Daniel Zehmpfennig	M35	DJK Vorwärts Lette	18:50	19:31	0:38:19	0:38:20
15.	(3)	968	Gunnar Isensee	M30		18:32	19:56	0:38:26	0:38:27
16.	(7)	1237	Jan Gudorf	M20	TV Borghorst	19:00	19:44	0:38:40	0:38:43
17.	(1)	1229	Harry Weste	M40	LSF Münster	19:18	19:35	0:38:49	0:38:52
18.	(1)	893	Merlin Hunke	MU20	Fit2Run-Beckum	18:57	20:02	0:38:54	0:38:58
19.	(8)	1445	Jens Dörr	M20		18:37	20:21	0:38:54	0:38:58
20.	(9)	1105	Jan Pohlmann	M20		19:20	19:53	0:39:03	0:39:13
21.	(1)	1378	Florian Braun	M45	LSF Münster	19:00	20:08	0:39:05	0:39:07
22.	(2)	1289	Andreas Vom Hofe	M45	PSV Bork, Fußball	18:45	20:30	0:39:09	0:39:14
23.	(4)	1284	Simon Chrobak	M30	TuS Hilstrup	19:17	20:03	0:39:15	0:39:20
24.	(2)	1421	Tobias Görge	M40	LSF Münster	19:10	20:11	0:39:17	0:39:20
25.	(10)	1146	Jonas Bexten	M20	BW Aasee	19:11	20:15	0:39:22	0:39:26
26.	(3)	1516	Johannes Thier	M50		19:11	20:14	0:39:23	0:39:25
27.	(11)	1017	Niklas Polomka	M20	LG Ems Warendorf	19:28	20:06	0:39:28	0:39:34
28.	(12)	872	Stefan Pöhler	M20	Westfälische Nachrichten	19:11	20:22	0:39:28	0:39:33
29.	(1)	1614	Petr Navratil	M55	EOS ORTUS	19:10	20:26	0:39:34	0:39:36
30.	(4)	1274	Jens Dr. Fischer	M50	TRINITAS Dortmund	18:59	20:37	0:39:35	0:39:35
31.	(5)	943	Steffen Hack	M30		18:48	20:50	0:39:36	0:39:37
32.	(3)	1367	Mike Brouwer	M40	LSF Münster	19:18	20:24	0:39:39	0:39:42
33.	(3)	1439	Frank Radstaak	M45	Tri Finish Münster	19:11	20:35	0:39:44	0:39:46
34.	(13)	1455	Marco Grube	M20	BWO Schnecken	19:23	20:36	0:39:52	0:39:59
35.	(6)	1192	Tobias Teunissen	M30	BSG LVM Versicherung	19:17	20:45	0:39:59	0:40:02
36.	(7)	1522	Christoph Wisse	M30	Rose Team Münsterland	19:16	21:06	0:40:07	0:40:21
37.	(5)	1232	Alexander Parchow	M35	Active Laufteam Münster	19:45	20:33	0:40:14	0:40:18
38.	(2)	1546	Martin König	M55	TV Friesen Telgte	19:15	21:11	0:40:26	0:40:26
39.	(14)	1550	Jan Natschke	M20		19:57	20:43	0:40:31	0:40:40
40.	(5)	1282	Ulrich Arnsberg	M50	TuS Hilstrup	19:41	20:58	0:40:33	0:40:39
41.	(4)	1347	Michael Kasprk	M40	LSF Münster	19:25	21:15	0:40:37	0:40:40
42.	(6)	1330	Christoph Geitel	M50	ARC zu Münster	20:05	20:36	0:40:38	0:40:41
43.	(5)	978	Stefan Went	M40	Gesamtschule Emsland	19:43	21:02	0:40:40	0:40:44
44.	(6)	1021	Jakob Kamender	M40	Tri Finish Münster	19:49	21:01	0:40:42	0:40:50
45.	(8)	1698	Christoph Reiberg	M30	DJK Dyckburg	20:23	20:38	0:40:50	0:41:00
46.	(4)	1464	Markus Nobbe	M45	TVE Greven - Triathlon	19:38	21:15	0:40:51	0:40:52
47.	(1)	1344	Carl van Gen Hassend	MU18	LSF Münster	19:36	21:31	0:40:58	0:41:07
48.	(5)	1529	Dirk Weischer	M45	Lauffreunde Gremmendorf	20:03	21:15	0:41:09	0:41:18
49.	(6)	1545	Michael Becks	M45	TV Friesen Telgte	20:04	21:18	0:41:14	0:41:22
50.	(9)	1039	Marius Dotzauer	M30		20:33	21:05	0:41:22	0:41:38
51.	(10)	1428	Patrick Korfmacher	M30	1. SV Volle Breitseite	19:36	21:52	0:41:23	0:41:27
52.	(7)	1125	Heiko Schäfer	M50	Re Runner	19:48	21:38	0:41:24	0:41:26

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Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
53.	(15)	1209	Kai Hanke	M20		20:33	21:12	0:41:34	0:41:45
54.	(11)	951	Christian Hakenes	M30		19:28	22:09	0:41:35	0:41:37
55.	(8)	814	Sven Ahrens	M50	SV Blau-Weiß Aasee Münster	20:42	21:04	0:41:35	0:41:45
56.	(7)	1278	Christian Möller	M40	Run4Fun Greven e.V.	20:03	21:41	0:41:37	0:41:43
57.	(12)	952	Matthias von Heydebrand	M30		19:28	22:12	0:41:37	0:41:40
58.	(13)	1649	Marcel Holtrup	M30	LG Ahlen	19:43	21:58	0:41:38	0:41:40
59.	(6)	1537	Markus Stücker	M35	FC Arenel n.e.V.	20:12	21:38	0:41:40	0:41:50
60.	(16)	1647	Philipp Große Lengerich	M20		19:35	22:13	0:41:40	0:41:47
61.	(7)	1128	Boris Kapitza	M35		19:31	22:14	0:41:41	0:41:45
62.	(8)	1170	Marc Englbrecht	M40	Easy Run Ms	19:59	21:53	0:41:44	0:41:51
63.	(9)	1233	Reiner Bosse	M50	BSG Stadtwerke Münster	19:45	22:07	0:41:50	0:41:51
64.	(7)	1281	Karsten Suwelack	M45	Run4Fun Greven e.V.	20:24	21:38	0:41:55	0:42:01
65.	(2)	1366	Florian Nolte	MU18		22:12	20:52	0:42:00	0:43:04
66.	(14)	1127	Hendrik Schweers	M30	Düsseldorfer Schwimm Club	21:18	21:48	0:42:07	0:43:05
67.	(17)	1566	Florian Lenz	M20	HSP Münster Triathlon	20:46	21:38	0:42:08	0:42:23
68.	(8)	1613	Marc Bußmann	M35	LSF Münster e.V.	20:33	21:43	0:42:09	0:42:15
69.	(15)	931	Sven Holtrup	M30	Beckum	20:23	21:49	0:42:10	0:42:11
70.	(18)	1141	Jannis Goblirsch	M20		20:43	21:42	0:42:12	0:42:24
71.	(9)	1265	Philipp Daldrup	M35		20:52	21:34	0:42:13	0:42:25
72.	(10)	1643	Martin Stertenbrink	M35	ASC Ahlen	20:53	21:39	0:42:20	0:42:31
73.	(9)	1288	Marius Diekmann	M40	Tri Finish / HSP Münster	20:55	21:45	0:42:24	0:42:40
74.	(19)	1523	Malte Pallutt	M20	Rose Team Münsterland	20:28	22:11	0:42:24	0:42:38
75.	(16)	1460	Andreas Lüchiges	M30	Tri Finish Münster	20:18	22:16	0:42:27	0:42:34
76.	(10)	1553	Sascha Flockan	M40	Tri Finish Münster	20:50	22:02	0:42:38	0:42:52
77.	(10)	1420	Heiko Ueding	M50	Team AH	20:43	22:11	0:42:39	0:42:53
78.	(17)	1648	Maximilian Schimanski	M30		21:29	21:36	0:42:40	0:43:04
79.	(11)	949	Ulrich Wienecke	M50	DAV - Sektion Aachen	20:39	22:16	0:42:45	0:42:55
80.	(11)	1513	Dirk Betz	M40	SG Reubach	21:26	21:38	0:42:50	0:43:04
81.	(20)	1353	Mwale Blessing	M20		20:53	22:30	0:42:54	0:43:23
82.	(21)	1273	Niklas Espenkott	M20		21:46	21:54	0:42:56	0:43:40
83.	(12)	1997	Sacha Mijatov	M40		24:02	19:47	0:43:00	0:43:48
84.	(8)	1018	Jörn Jacobsen	M45	Tri Finish Münster	20:43	22:21	0:43:01	0:43:03
85.	(12)	937	Markus Weweler	M50	LSF Münster	20:42	22:26	0:43:01	0:43:08
86.	(9)	1422	Andre Hemesath	M45	LG Emsdetten	21:21	21:55	0:43:02	0:43:16
87.	(11)	1509	Thorben Grothales	M35		21:33	21:41	0:43:05	0:43:14
88.	(22)	1415	Wolfgang Strathaus	M20	W+F Münster	20:24	22:44	0:43:07	0:43:08
89.	(18)	1489	Dirk Oertker	M30	Warendorfer SU	21:19	22:07	0:43:09	0:43:26
90.	(13)	1645	Torsten Möhle	M40		21:16	22:08	0:43:16	0:43:23
91.	(23)	992	Jan Paulsen	M20		22:22	21:35	0:43:21	0:43:56
92.	(24)	1203	Peter Weitkamp	M20	WWU Münster	21:15	22:12	0:43:22	0:43:27
93.	(3)	1241	Rolf Sudmann	M55	TriFinish Münster	20:46	22:45	0:43:24	0:43:31
94.	(4)	1297	Guido Vagedes	M55		20:37	23:04	0:43:39	0:43:41
95.	(14)	1449	Christian Stolze	M40	THC Münster	21:29	22:23	0:43:39	0:43:51
96.	(13)	1180	Matthias Damwerth	M50	BSG LVM Versicherung	20:56	22:52	0:43:42	0:43:48
97.	(14)	1571	Heiner Lörcks	M50	TuS Altenberge 09 Lauffreff Hohenholte	21:43	22:18	0:43:44	0:44:01
98.	(19)	1123	Philipp Erdmann	M30	TSV Handorf	22:06	21:58	0:43:45	0:44:03
99.	(25)	1023	Jan Rattay	M20		23:07	21:16	0:43:47	0:44:23
100.	(15)	1611	Volker Steltenkamp	M50		21:28	22:43	0:43:48	0:44:10
101.	(1)	1423	Georg Wiemann	MU14	Amigos Schmigos	21:10	22:49	0:43:50	0:43:58
102.	(20)	1124	Philipp Wenker	M30		22:06	22:11	0:43:59	0:44:16
103.	(12)	1535	Tim Elberich	M35		22:23	22:03	0:44:01	0:44:25
104.	(16)	1424	Ulrich Krempel	M50	Amigos Schmigos	21:25	22:45	0:44:02	0:44:10
105.	(17)	1318	Stefan Lammers	M50	LSF Münster	20:58	23:12	0:44:04	0:44:09
106.	(5)	1438	Rainer Rottmann	M55	Marathon Ibbenbüren	21:36	22:39	0:44:05	0:44:15
107.	(10)	1503	Dirk Keggenhoff	M45	LSF Münster	21:40	22:47	0:44:10	0:44:26

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Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
108.	(13)	1548	Marcel Sieme	M35	DJK Eintracht Hilstrup	21:40	22:42	0:44:14	0:44:21
109.	(15)	946	Jens Breinl	M40	Ned Flanders Allstars	22:29	22:28	0:44:23	0:44:57
110.	(26)	1303	Sebastian Kruse	M20		22:32	22:12	0:44:25	0:44:44
111.	(21)	1434	Felix Oberwittler	M30	ARV Westfalen e.V.	20:48	23:51	0:44:31	0:44:38
112.	(16)	1193	Thorsten van Beeck	M40	BSG LVM Versicherung	21:15	23:21	0:44:32	0:44:35
113.	(18)	1406	Marcus Fistarol	M50		22:35	22:31	0:44:33	0:45:06
114.	(14)	1218	Jörn Stobbe	M35		22:26	22:28	0:44:42	0:44:54
115.	(6)	1416	Joachim Wilken	M55		22:00	23:05	0:44:45	0:45:05
116.	(22)	1616	Marco Stallmann	M30	WWU Münster	20:21	24:34	0:44:49	0:44:54
117.	(17)	1607	Malte Mühlencord	M40	Leeze by time ist besser	23:50	21:47	0:44:51	0:45:37
118.	(1)	1138	Ulrich Kaiser	M60	LSF Münster	21:33	23:30	0:44:51	0:45:03
119.	(15)	1600	Sven Kramer	M35		21:57	23:05	0:44:53	0:45:01
120.	(18)	1043	Hendrik Wöhrle	M40	Laufsportfreunde Münster	21:55	23:27	0:45:03	0:45:21
121.	(19)	995	Stefan Loddenkötter	M50		23:58	22:15	0:45:05	0:46:13
122.	(20)	1569	Stefan Walter	M50		22:09	23:23	0:45:08	0:45:31
123.	(11)	1185	Georg Kaldewei	M45	BSG LVM Versicherung	22:09	23:15	0:45:15	0:45:23
124.	(12)	1063	Sascha Lassak	M45		22:44	22:58	0:45:16	0:45:41
125.	(21)	1436	Ulrich Remme	M50	Active Laufsport MSI	21:40	23:47	0:45:19	0:45:27
126.	(13)	1479	Kai Schnücker	M45	Marathon Steinfurt	22:17	23:17	0:45:24	0:45:33
127.	(22)	1473	Martin Pöttker	M50		21:41	23:51	0:45:25	0:45:32
128.	(23)	1114	Max Pierchalla	M30		21:50	23:50	0:45:27	0:45:39
129.	(16)	941	Lambert Jünck	M35	BSV Ostbevern	22:48	23:11	0:45:30	0:45:58
130.	(27)	828	Tom Niermann	M20		22:15	23:28	0:45:31	0:45:42
131.	(28)	1119	Florian Gauder	M20	Münster	22:15	23:27	0:45:31	0:45:42
132.	(24)	1515	Max Heyder	M30	LSFSCP	22:52	23:06	0:45:33	0:45:58
133.	(7)	1151	Clemens Wolking	M55	LSF Münster	22:06	23:42	0:45:37	0:45:48
134.	(19)	859	Matthias Hast	M40	Talent Free Runners	22:21	23:33	0:45:38	0:45:53
135.	(3)	1541	Tobias Singer	MU18	TSC-Münster-Grevenbeck	21:26	24:30	0:45:46	0:45:55
136.	(1)	1305	Felix Kruse	MU16		22:42	23:32	0:45:46	0:46:14
137.	(2)	1499	Thomas Schubert	M60		21:35	24:18	0:45:47	0:45:52
138.	(14)	1557	Christian Richter	M45	SVR Rinkeröde	21:54	24:01	0:45:49	0:45:54
139.	(25)	1570	Jan Schlasman	M30	Polizei Münster	22:51	23:44	0:45:58	0:46:34
140.	(17)	1610	Sebastian Hoffmann	M35		22:14	23:59	0:46:00	0:46:13
141.	(15)	1121	Andreas Arlt	M45	LSF Münster e.V.	23:19	23:20	0:46:01	0:46:39
142.	(3)	1142	Michael Glaßmeyer	M60		22:39	23:46	0:46:08	0:46:24
143.	(8)	1697	Johannes Hoerster	M55	Münster	22:33	23:57	0:46:12	0:46:30
144.	(9)	1446	Peter von Dewitz-Krebs	M55	W+F Münster	22:08	24:11	0:46:13	0:46:19
145.	(16)	1015	Stefan Werner	M45	NordRun - Westfalen	22:59	23:32	0:46:15	0:46:30
146.	(29)	1323	Johannes Monse	M20	Emilios	23:21	23:53	0:46:16	0:47:13
147.	(10)	1035	Holger Lindemann	M55	Marathon Ibbenbüren	24:26	23:06	0:46:16	0:47:31
148.	(23)	1062	Markus Gövert	M50		22:29	23:56	0:46:19	0:46:24
149.	(30)	1016	Chris Schoppmann	M20	HSP Münster	22:56	23:46	0:46:20	0:46:41
150.	(20)	955	Stefan König	M40	ASV Ellewick	22:44	23:56	0:46:22	0:46:40
151.	(18)	1212	Phillip Schaum	M35		22:28	24:07	0:46:22	0:46:34
152.	(24)	1597	Hagen Knafla	M50	Bastardo Triathlon-Team	22:54	23:49	0:46:23	0:46:42
153.	(17)	1319	Carsten Hörmeyer	M45	Bergziegen Altenberge	22:36	24:13	0:46:23	0:46:49
154.	(19)	1189	Roger Schmitt	M35	BSG LVM Versicherung	23:34	23:39	0:46:23	0:47:13
155.	(18)	1118	Alexander Herrmann	M45	HSP Münster	22:47	23:59	0:46:26	0:46:46
156.	(11)	1572	Otto Kuper	M55		22:48	24:06	0:46:31	0:46:53
157.	(26)	1026	Joost Sickinghe	M30		21:49	24:48	0:46:35	0:46:36
158.	(20)	1352	Heiko Zeus	M35		23:24	23:35	0:46:37	0:46:58
159.	(31)	1179	Thorsten Buer	M20	BSG LVM Versicherung	24:13	23:13	0:46:37	0:47:26
160.	(27)	1511	Jonas Mühlenstadt	M30		22:45	24:20	0:46:45	0:47:04
161.	(19)	1107	Daniel Böttcher	M45	Laufgeschichten aus Münster	23:19	23:38	0:46:45	0:46:57
162.	(28)	885	Felix Brambring	M30		23:26	23:50	0:46:46	0:47:16

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Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
163.	(20)	1565	Adrian Stuchly	M45		22:19	24:36	0:46:48	0:46:55
164.	(12)	882	Norbert Engelmann	M55		23:25	24:02	0:46:49	0:47:26
165.	(21)	930	Tristan Eilers	M35	Ibbtown Deluxe Running Team	24:12	23:27	0:46:49	0:47:39
166.	(25)	1036	Peter Werp	M50	Tri Finish Münster	22:38	24:19	0:46:50	0:46:56
167.	(26)	818	Andreas Wytzisk	M50		22:52	24:12	0:46:50	0:47:04
168.	(32)	1080	Johannes Fühner	M20		24:06	23:32	0:46:53	0:47:38
169.	(29)	1342	Fabian Fiereck	M30		24:08	23:23	0:46:54	0:47:30
170.	(27)	964	Andreas Löher	M50	Run4fun-Greven e.V.	24:21	23:59	0:46:54	0:48:20
171.	(30)	1058	Max Pieper	M30		25:04	22:58	0:46:56	0:48:01
172.	(33)	1362	Jonas Janssa	M20		22:55	24:23	0:46:57	0:47:18
173.	(21)	1418	Christian Schulz	M40	Sporttrend Ultralaufteam Braunschweig	22:31	24:54	0:47:01	0:47:25
174.	(31)	1482	Christos Mitrakas	M30		24:14	23:36	0:47:01	0:47:50
175.	(21)	914	Thomas Reich	M45	#LaufwunderAppelhülsen	22:27	24:49	0:47:02	0:47:15
176.	(22)	1360	Florian Blenkle	M35		22:21	24:49	0:47:03	0:47:10
177.	(28)	1178	Andreas Buer	M50	BSG LVM Versicherung	23:42	24:11	0:47:03	0:47:52
178.	(34)	971	Marvin Telges	M20		24:03	23:48	0:47:07	0:47:51
179.	(35)	1112	Jannik Jasper	M20	-	23:15	24:29	0:47:08	0:47:44
180.	(36)	1307	Moritz Zimmer	M20		23:31	24:00	0:47:11	0:47:31
181.	(29)	1527	Jörg Münstermann	M50	Saxonia	23:45	24:08	0:47:15	0:47:53
182.	(22)	1115	Bodo Gadowski	M45	SV Emsdetten 05	23:27	24:06	0:47:17	0:47:33
183.	(22)	1525	Stefan Schacht	M40		23:45	24:11	0:47:18	0:47:56
184.	(30)	1255	Michael Hensmann	M50	Lauffreunde appelhülsen	23:22	24:22	0:47:18	0:47:43
185.	(1)	908	Gerd Dreisbach	M65	Laufftreff Hohenholte	24:01	24:18	0:47:19	0:48:19
186.	(37)	962	Mike Schlüter	M20		23:26	24:15	0:47:20	0:47:40
187.	(38)	1175	Timo Engelhardt	M20		21:48	25:46	0:47:23	0:47:34
188.	(32)	1358	André Zimmes	M30		24:11	23:49	0:47:27	0:47:59
189.	(33)	1337	Andreas Boos	M30		23:33	24:31	0:47:29	0:48:03
190.	(13)	1601	Wolfgang Durynek	M55		23:05	24:45	0:47:30	0:47:49
191.	(34)	1359	Thomas Grall	M30		24:11	23:53	0:47:30	0:48:03
192.	(23)	935	Tobias Köckemann	M35	BSV Ostbevern	23:25	24:34	0:47:30	0:47:59
193.	(23)	1593	Michael Komischka	M45	Run4Fun Greven e.V.	24:06	24:52	0:47:30	0:48:58
194.	(14)	1467	Erwin Menke	M55	LerzenKultur e.V.	24:20	23:58	0:47:31	0:48:17
195.	(39)	1199	Martin Wilmer	M20	Active Laufteam	23:15	24:31	0:47:34	0:47:46
196.	(4)	1510	Horst Stuhldreier	M60	DSK Wacker Mecklenbeck	23:16	24:39	0:47:40	0:47:54
197.	(40)	1143	Dennis Kempkes	M20	MSC Münster	22:45	25:01	0:47:42	0:47:45
198.	(5)	1270	Jürgen Grieb	M60	Sendenhorst	23:59	24:13	0:47:45	0:48:12
199.	(41)	1150	Ansgar Alofs	M20		22:53	25:25	0:47:45	0:48:17
200.	(35)	1242	Rafael Zumdick	M30		23:33	24:48	0:47:46	0:48:20
201.	(42)	1621	Jan Kober	M20		23:22	24:42	0:47:48	0:48:03
202.	(43)	1561	Sebastian Benning	M20		23:45	24:35	0:47:49	0:48:19
203.	(24)	1521	Martin Franger	M35		24:01	24:33	0:47:58	0:48:33
204.	(36)	1562	Thomas Beutel	M30		23:44	24:44	0:47:59	0:48:28
205.	(44)	1133	Dennis Kaip	M20	VfB Stuttgart	25:05	24:00	0:48:02	0:49:04
206.	(24)	1320	Peter Lenz	M45	TV Union Münster	23:26	24:42	0:48:03	0:48:08
207.	(31)	1261	Peter Mirschel	M50	Westfälische Nachrichten	22:42	25:27	0:48:03	0:48:08
208.	(45)	922	Reinhard Lindfeld	M20		23:09	25:02	0:48:05	0:48:11
209.	(25)	1508	Markus Schemat	M45	SV Lohhof	22:47	25:34	0:48:11	0:48:21
210.	(46)	1306	Tobias Dorn	M20		23:33	24:59	0:48:12	0:48:32
211.	(15)	1370	Matthias Lewin	M55		23:45	24:49	0:48:12	0:48:33
212.	(26)	1520	Mark Harenberg	M45		24:24	24:24	0:48:14	0:48:48
213.	(25)	849	Timo Winter	M35		22:33	25:52	0:48:14	0:48:25
214.	(16)	1534	Bernhard Glasbrenner	M55		24:06	24:36	0:48:16	0:48:41
215.	(23)	950	Markus Bertmaring	M40	DJK VfL Billerbeck	24:11	24:58	0:48:17	0:49:09
216.	(27)	1517	Ernst Sybon	M45	TUS Altenberge	23:22	25:14	0:48:22	0:48:36
217.	(37)	1190	Tim Sobiech	M30	BSG LVM Versicherung	25:01	24:35	0:48:32	0:49:35

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
218.	(24)	1317	Olli Klages	M40	Jede Oma zählt	23:40	25:25	0:48:33	0:49:04
219.	(47)	1701	Niklas Barden	M20		23:16	25:33	0:48:37	0:48:49
220.	(28)	1177	Michael Becker	M45	BSG LVM Versicherung	24:33	24:54	0:48:38	0:49:27
221.	(26)	1417	Oliver Gremm	M35	LSF Münster	23:32	25:29	0:48:48	0:49:01
222.	(38)	1010	Michael Geuenich	M30	Schokokrossies	23:20	25:50	0:48:49	0:49:10
223.	(48)	1450	Yorck Eymelt	M20	Alpmann Fröhlich	23:59	25:04	0:48:51	0:49:03
224.	(4)	1642	Silas Gehrke	MU18	Lauftreff Billerbeck	25:40	24:04	0:48:52	0:49:43
225.	(29)	1739	Lars Kappenberg	M45	FC St. Pauli Triathlon	23:45	25:29	0:48:54	0:49:13
226.	(32)	1216	Christof Gehltomholt	M50	TuS Altenberge 09	23:39	25:31	0:48:54	0:49:09
227.	(33)	1314	Ansgar Schwegmann	M50		23:14	25:48	0:48:55	0:49:02
228.	(49)	1208	Uldis Logins	M20	Benning Roxel	24:05	25:11	0:48:56	0:49:15
229.	(30)	1638	Ecki Strelow	M45		24:53	24:59	0:48:57	0:49:52
230.	(34)	1407	Christian Haerkötter	M50	TG Schwanheim	23:29	25:40	0:48:59	0:49:09
231.	(27)	1574	Michael Helker	M35		24:20	25:27	0:48:59	0:49:47
232.	(31)	1641	Guido Gehrke	M45	Lauftreff Billerbeck	25:40	24:16	0:49:05	0:49:55
233.	(28)	976	Marcel Haeske	M35		25:08	24:37	0:49:09	0:49:45
234.	(17)	1041	Andreas Reher	M55	Ohne Verein	24:03	25:30	0:49:10	0:49:32
235.	(18)	1594	Oliver Schuschel	M55	SV Herbern	24:19	25:14	0:49:11	0:49:32
236.	(6)	1263	Herbert Feld	M60		23:47	25:40	0:49:13	0:49:26
237.	(35)	1222	Frank Korte	M50	BSV Ostbevern	23:27	26:17	0:49:13	0:49:44
238.	(36)	1224	Matthias Gerdes	M50	Marathon Steinfurt	23:44	25:57	0:49:14	0:49:40
239.	(50)	1454	Felix Jaffke	M20	Tri Finish Münster	24:19	25:23	0:49:14	0:49:42
240.	(2)	888	Hermann Lütke Schelhowe	M65	SG DJK Dyckburg	23:41	25:50	0:49:15	0:49:30
241.	(29)	1059	Daniel Meiners	M35		26:20	24:06	0:49:18	0:50:26
242.	(30)	1512	Philipp Säll	M35		25:07	25:29	0:49:19	0:50:36
243.	(19)	557	Manfred Stegemann	M55		23:59	25:47	0:49:20	0:49:46
244.	(25)	1235	Ole Henrichmann	M40		23:24	26:07	0:49:21	0:49:30
245.	(51)	934	Giles Gardam	M20	LSF Münster	24:39	25:14	0:49:23	0:49:52
246.	(52)	1169	Florian Bothe	M20		25:05	24:52	0:49:26	0:49:56
247.	(37)	1622	Ludger Pölking	M50	Run4Fun Greven e.V.	25:19	25:07	0:49:30	0:50:25
248.	(20)	1006	Martin Eßmann	M55	MSC Münster	23:42	25:55	0:49:34	0:49:37
249.	(31)	1599	Andreas Eping	M35		25:08	25:46	0:49:36	0:50:53
250.	(32)	1240	Christoph Kubina	M35		22:43	27:00	0:49:38	0:49:43
251.	(33)	1476	Sven Vogelsang	M35		24:53	25:37	0:49:40	0:50:29
252.	(53)	1603	Maximilian Brinkhoff	M20	BSG Sparkasse MSLO	24:10	25:47	0:49:41	0:49:57
253.	(38)	1526	Achim Beyer	M50	BSG Sparkasse MSLO	24:37	25:46	0:49:45	0:50:22
254.	(54)	1458	Florian Heller	M20	BWO Schnecken	25:56	24:56	0:49:51	0:50:52
255.	(34)	1049	Donatus Hahn	M35		25:03	25:34	0:49:54	0:50:36
256.	(39)	1291	Marcus Stens	M50		25:44	25:13	0:49:56	0:50:56
257.	(35)	656	Andreas Rudack	M35		25:45	25:15	0:49:59	0:51:00
258.	(3)	1210	Stephan Lennarz	M65	Münster	26:15	25:01	0:50:05	0:51:16
259.	(40)	1538	Claus Wegmann	M50	Telgte	24:30	26:10	0:50:08	0:50:40
260.	(26)	961	Michael Teepe	M40	Marathon Steinfurt	25:55	25:12	0:50:12	0:51:07
261.	(41)	1313	Guido Wecker	M50	LSF Münster	24:57	25:58	0:50:15	0:50:55
262.	(55)	835	Christian Horstmann	M20	BSV Ostbevern	25:33	25:39	0:50:26	0:51:12
263.	(21)	1206	Wolfgang Große Jäger	M55	Benning Roxel	24:34	26:25	0:50:41	0:50:59
264.	(7)	1312	Johannes Niemann	M60		25:44	25:48	0:50:42	0:51:32
265.	(39)	1465	Jan Reichelt	M30	#Teammünster	24:06	27:01	0:50:42	0:51:06
266.	(27)	1050	Marc Föhler	M40	Tip Club Arnsberg	24:41	26:21	0:50:44	0:51:01
267.	(2)	1514	Berhard Hambrügge	MU20		25:35	25:44	0:50:44	0:51:19
268.	(56)	1326	D. William West	M20	Emilios	24:40	27:04	0:50:47	0:51:44
269.	(4)	502	Alfred Lorenz	M65	LG Vulkaneifel	24:20	26:57	0:50:50	0:51:16
270.	(8)	1173	Bernd Lüdemann	M60	BSV Ostbevern	25:21	26:08	0:51:01	0:51:29
271.	(57)	972	Philipp Kühlenkötter	M20		26:19	25:34	0:51:08	0:51:52
272.	(1)	1129	Paul Rinderknecht	M70		25:17	26:17	0:51:08	0:51:34

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
273.	(42)	1310	Heiko Möcklinghoff	M50	LSF Münster	25:27	26:29	0:51:16	0:51:55
274.	(32)	1463	Christian Latt	M45		24:25	27:16	0:51:17	0:51:41
275.	(40)	1057	Nino Kaske	M30		26:40	25:48	0:51:19	0:52:27
276.	(36)	990	Christian Dooling	M35	Team Dooling	26:20	25:43	0:51:20	0:52:02
277.	(41)	1475	Matthias Windav	M30		25:27	26:34	0:51:21	0:52:01
278.	(2)	1470	Heinrich Höfener	M70	Laufftreff Hohenholte	24:59	26:50	0:51:26	0:51:48
279.	(33)	1245	Frank Gellern	M45	VGS Münster	24:45	27:12	0:51:33	0:51:57
280.	(43)	1238	Peter Schwendenmann	M50		25:42	26:00	0:51:34	0:51:42
281.	(37)	1543	Tobias Wiecher	M35	FC Arenel n.e.V.	25:58	26:19	0:51:40	0:52:16
282.	(44)	1646	Till Walmsley	M50		24:14	27:28	0:51:40	0:51:42
283.	(28)	1029	Kai Nierhoff	M40		25:47	26:35	0:51:41	0:52:21
284.	(42)	1443	Simon Kapell	M30		25:05	27:14	0:51:44	0:52:19
285.	(58)	1008	Simon Börtz	M20	#machmalhalblang	25:27	26:37	0:51:49	0:52:04
286.	(45)	1564	Tim Kramer	M50	ASV	25:32	26:43	0:51:51	0:52:15
287.	(38)	1549	Frank Reichhardt	M35	DJK Eintracht Hiltrup	26:47	26:07	0:51:52	0:52:54
288.	(59)	1559	Marc Schafflik	M20		26:39	25:46	0:51:55	0:52:25
289.	(43)	1145	Jens Mazei	M30		25:59	26:52	0:51:55	0:52:51
290.	(60)	1027	Alexander Steiner	M20	HSP Münster	26:59	25:50	0:51:55	0:52:49
291.	(46)	1296	Peter Lukassen	M50	BSG Westfalen AG	25:25	26:55	0:51:55	0:52:20
292.	(34)	1524	Martin Spey	M45		25:44	26:48	0:51:59	0:52:31
293.	(47)	1052	Klaus Eppe	M50	Die Eppe`s laufen!	25:03	27:08	0:52:01	0:52:10
294.	(48)	1552	Dietmar Leusing	M50		25:40	26:53	0:52:01	0:52:33
295.	(61)	1466	Lasse Lindemann	M20		26:41	25:57	0:52:06	0:52:38
296.	(35)	1602	Heinrich Voelkner	M45		24:18	28:24	0:52:12	0:52:41
297.	(36)	1474	Heinz Bröshamn	M45		25:38	27:19	0:52:14	0:52:57
298.	(62)	1135	Simon Kusch	M20		25:49	27:11	0:52:18	0:53:00
299.	(37)	1051	Daniel Brüning	M45		27:04	26:39	0:52:19	0:53:43
300.	(49)	1249	Dragan Jevric	M50	LSG Geist	26:41	27:02	0:52:19	0:53:43
301.	(22)	1140	Manfred Feldmann	M55	SV Arminia Appelhülsen	26:39	26:41	0:52:19	0:53:20
302.	(9)	1505	Hans-Jürgen Sauer	M60	Rehasport Deutschland	27:05	26:19	0:52:20	0:53:24
303.	(23)	1093	Armin Düpmeier	M55	LG Ems Warendorf	26:00	26:58	0:52:20	0:52:57
304.	(63)	1009	Kevin Plagge	M20	#machmalhalblang	25:34	27:08	0:52:27	0:52:42
305.	(50)	1139	Arno Reinhard	M50		25:59	27:09	0:52:27	0:53:07
306.	(51)	1243	Stefan Schwartze	M50		25:53	27:09	0:52:27	0:53:02
307.	(10)	1558	Michael Schafflik	M60		26:41	26:20	0:52:28	0:53:01
308.	(5)	1542	Paris Saliveros	MU18	TSC-Münster	24:59	27:40	0:52:29	0:52:38
309.	(52)	1491	Andreas Sieken-Beine	M50		27:06	26:35	0:52:29	0:53:41
310.	(5)	1348	Werner Hoge	M65	TV Hohne	25:06	27:31	0:52:30	0:52:37
311.	(39)	1544	Julia Paybilla	M35		25:57	27:14	0:52:32	0:53:11
312.	(53)	1497	Stefan Hentschel	M50	Bowenkämpfer	25:36	27:30	0:52:39	0:53:05
313.	(24)	1164	Oliver Lübbert	M55	Tri Finish Münster	26:20	26:50	0:52:41	0:53:09
314.	(25)	1134	Wolfgang Kusch	M55		25:49	27:27	0:52:42	0:53:15
315.	(54)	907	Matthias Schmidt	M50	Keiner	26:32	26:48	0:52:46	0:53:20
316.	(40)	1186	Stefan Lang	M35	BSG LVM Versicherung	25:46	28:11	0:52:53	0:53:56
317.	(55)	1551	Greyar Ingenhorst	M50		27:26	26:50	0:52:53	0:54:16
318.	(56)	1496	Christoph Mertens	M50	Bowenkämpfer	25:36	27:45	0:52:55	0:53:21
319.	(11)	1650	Hans-Dieter Sauer	M60	DJK Dyckburg	25:44	27:56	0:52:56	0:53:39
320.	(3)	889	Julius Hett	MU20		27:25	26:27	0:53:09	0:53:52
321.	(38)	1536	Frank Weber	M45	Saxunia Münster	27:14	26:59	0:53:11	0:54:13
322.	(57)	1448	Sebastian Nolte	M50		27:43	26:44	0:53:22	0:54:26
323.	(26)	1640	Frank Lehnhoff	M55		26:36	27:37	0:53:26	0:54:12
324.	(64)	2086	N.N. 2086	M20		26:36	27:37	0:53:26	0:54:13
325.	(44)	1495	Thomas Buschkühl	M30	LSF SCP	25:10	28:46	0:53:28	0:53:55
326.	(27)	1477	Michael Pienkeß	M55	Delfine	26:35	27:35	0:53:29	0:54:10
327.	(29)	1160	Maik Hütter	M40	Team Faxe Extra Strong / TEA	26:18	27:53	0:53:38	0:54:11

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## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
328.	(65)	868	Patrick Fildebrandt	M20		27:07	26:51	0:53:38	0:53:57
329.	(4)	1355	Tobias Biesenbaum	MU20		26:17	27:44	0:53:38	0:54:01
330.	(45)	1230	Bernd Ackmann	M30	Ich AG	25:45	28:27	0:53:39	0:54:11
331.	(39)	1500	Ralf Meistes	M45		26:40	27:37	0:53:40	0:54:17
332.	(66)	1231	Gereon Schedding	M20	Ich AG	25:45	28:31	0:53:43	0:54:15
333.	(46)	1632	Sven Lewandowski	M30	Wacker Mecklenbeck	26:00	28:17	0:53:50	0:54:16
334.	(58)	1484	Andreas Rose	M50		26:30	27:51	0:53:51	0:54:20
335.	(59)	1504	Heinz Kroos	M50	LT Drensteinfurt	26:53	27:44	0:53:54	0:54:36
336.	(12)	1153	Peter Horstkoetter	M60	Sportverein Drensteinfurt	26:53	27:44	0:53:54	0:54:36
337.	(41)	823	Jörg Aschendorff	M35		26:34	27:55	0:53:57	0:54:29
338.	(40)	1246	Stephan Fischer	M45		27:54	26:53	0:54:00	0:54:47
339.	(42)	1225	Daniel Lensing	M35	-	26:41	27:45	0:54:00	0:54:26
340.	(41)	1437	Norbert Leugers	M45	Marathon Steinfurt	27:21	27:43	0:54:08	0:55:03
341.	(67)	1478	Franz Meyer	M20		28:36	26:54	0:54:09	0:55:30
342.	(60)	1285	Ralf Finkelman	M50	TuS Hilstrup	27:03	27:45	0:54:20	0:54:47
343.	(28)	503	Rolf Schillmüller	M55		27:55	27:51	0:54:25	0:55:45
344.	(13)	1046	Werner Schweck	M60	LG Ems Warendorf	27:08	28:04	0:54:34	0:55:12
345.	(42)	1066	Stefan Thomas	M45		27:54	27:43	0:54:34	0:55:36
346.	(2)	1494	Max Podewilt	MU16	SG Sendenhorst	28:41	27:25	0:54:40	0:56:06
347.	(29)	1560	Harald Oeder	M55	Hägermeister	25:38	29:17	0:54:41	0:54:55
348.	(43)	1254	Christian Plesch	M45		28:00	27:53	0:54:43	0:55:53
349.	(47)	2000	Alexander Reinker	M30	Tri-Team RWW	27:00	28:44	0:54:47	0:55:44
350.	(48)	1999	Norbert Witte	M30	Tri-Team RWW	27:00	28:44	0:54:48	0:55:44
351.	(61)	881	Thorsten Schipke	M50		26:34	29:05	0:54:51	0:55:38
352.	(30)	1343	Klaus Borgmann	M55		26:14	28:51	0:54:55	0:55:05
353.	(62)	1734	Rolf Lauer	M50		27:20	28:36	0:54:57	0:55:56
354.	(63)	1735	Christian Burrichter	M50		27:23	28:34	0:54:58	0:55:57
355.	(31)	1316	Martin Fühner	M55		25:47	29:21	0:54:59	0:55:08
356.	(64)	880	Frank Fischer	M50		26:38	29:11	0:55:00	0:55:49
357.	(43)	841	Carsten Pieper	M35	SG DJK Dyckburg	28:28	27:24	0:55:01	0:55:51
358.	(1)	1507	Chris Voll	M75	Lauftreff Hohenholte	28:05	27:59	0:55:03	0:56:04
359.	(32)	1492	Peter Holthaus	M55	SG Sendenhorst	28:41	27:53	0:55:07	0:56:34
360.	(65)	973	Winfried Surmann	M50		28:45	27:26	0:55:07	0:56:11
361.	(49)	1568	Philipp Lingenhoff	M30		28:24	28:02	0:55:09	0:56:25
362.	(50)	1575	Dominik Hohmann	M30		28:24	28:02	0:55:10	0:56:26
363.	(44)	1331	Benjamin Wiens	M35	TG Münster	27:47	28:12	0:55:11	0:55:58
364.	(33)	1604	Alfons Isfort	M55	TuS Altenberge 09	27:58	28:09	0:55:14	0:56:07
365.	(44)	1327	Patrick Lübbersmann	M45	Emilios	28:20	27:56	0:55:16	0:56:15
366.	(45)	1200	Matthias Frerick	M45	-	28:06	28:03	0:55:17	0:56:09
367.	(3)	1227	Günter Honermeyer	M70	Münster	27:24	28:05	0:55:17	0:55:28
368.	(14)	1311	Günter Skornitzke	M60		27:55	28:13	0:55:20	0:56:08
369.	(51)	1211	Christian Lennarz	M30	Münster	26:47	29:52	0:55:27	0:56:39
370.	(66)	1573	Stefan Bathker	M50	SV Blau-Weiß Aasee Münster	27:49	28:31	0:55:28	0:56:19
371.	(34)	1644	Manfred Funke	M55	DJK Greven	27:50	28:23	0:55:30	0:56:13
372.	(67)	1163	Thomas Kleining	M50	FI Sport	27:30	28:58	0:55:30	0:56:27
373.	(45)	1213	Sebastian Quadflieg	M35		28:03	28:31	0:55:31	0:56:34
374.	(15)	1266	Axel Kleiner	M60	LG Emsdetten	27:05	28:50	0:55:32	0:55:55
375.	(46)	1226	Christian Wiemann	M45		29:02	27:41	0:55:32	0:56:42
376.	(46)	820	Henning Hoheisel	M35		29:54	26:57	0:55:33	0:56:50
377.	(52)	821	Sebastian Wilbrand	M30		29:54	26:56	0:55:33	0:56:50
378.	(47)	1452	Rafael Elsing	M45		28:13	28:21	0:55:34	0:56:34
379.	(68)	1619	Xaver Türker	M50	Laufsport Gremendorf	26:39	29:01	0:55:35	0:55:40
380.	(68)	876	Simon Holkenbrink	M20	BSG Sparkasse MSLO	29:15	27:31	0:55:38	0:56:46
381.	(69)	1531	Ingo Giesen	M50	Lauffreunde Gremendorf	27:45	28:37	0:55:42	0:56:22
382.	(70)	1220	Thomas Quante	M50	LT Billerbeck	29:13	27:49	0:55:42	0:57:02

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
383.	(53)	1498	Henning Renneke	M30	DJK Dyckburg	28:28	28:05	0:55:43	0:56:33
384.	(69)	910	Jason Gebker	M20	Lauftreff Hohenholte	29:10	27:46	0:55:43	0:56:56
385.	(16)	1287	Thomas Schluer	M60	TuS Hilstrup	27:13	28:46	0:55:44	0:55:59
386.	(71)	802	Martin Schröer	M50		29:26	27:21	0:55:47	0:56:46
387.	(54)	879	Hendrik Schulze Hillert	M30	BSG Sparkasse MSLO	29:15	27:43	0:55:48	0:56:57
388.	(17)	1089	Michael Müter	M60		27:31	29:24	0:56:00	0:56:54
389.	(48)	1532	Guido Landau	M45		29:02	28:11	0:56:01	0:57:12
390.	(72)	1469	Dirk Hellwig	M50	DAV Münster	28:52	28:08	0:56:02	0:56:59
391.	(47)	858	Kolja Kapitza	M35		26:01	30:13	0:56:09	0:56:14
392.	(30)	1329	David Marouki	M40	LSF Münster	29:51	27:34	0:56:09	0:57:24
393.	(73)	1435	Thomas Borgmeier	M50	BSG Sparkasse Münsterland Ost	28:28	28:50	0:56:09	0:57:18
394.	(70)	1081	Michael Jerusalem	M20		28:52	27:57	0:56:11	0:56:48
395.	(35)	1592	Frank Knura	M55	BSG Sparkasse	28:39	28:39	0:56:13	0:57:18
396.	(2)	1328	Leo Roer	MU14	Emilios	28:02	29:09	0:56:13	0:57:11
397.	(49)	1321	Willi Roer	M45	Emilios	28:01	29:10	0:56:13	0:57:11
398.	(18)	1340	Michael Frosch	M60		28:19	29:02	0:56:17	0:57:20
399.	(19)	1174	Reinhard Büscher	M60	Lauftreff Billerbeck	27:26	29:24	0:56:26	0:56:49
400.	(6)	898	Leo Schulze Dephoff	MU18	:-)))	30:35	27:14	0:56:26	0:57:48
401.	(6)	850	Dieter Kattau	M65		27:47	29:03	0:56:38	0:56:50
402.	(31)	856	Christoph Swinka	M40		29:33	28:24	0:56:38	0:57:57
403.	(55)	1075	Tobias Hestermann	M30	Los Cojones	29:15	28:32	0:56:39	0:57:47
404.	(36)	1488	Lothar Kloppenborg	M55		29:14	28:47	0:56:46	0:58:01
405.	(74)	1363	Andreas Sommer	M50		28:51	29:10	0:56:55	0:58:00
406.	(71)	1587	Andreas Collet	M20		27:15	30:26	0:56:56	0:57:41
407.	(72)	1596	Michael Goß	M20		28:22	29:53	0:56:56	0:58:15
408.	(73)	1078	Julian Graffe	M20		27:06	30:39	0:56:59	0:57:45
409.	(48)	896	Benjamin Kloß	M35		29:27	28:29	0:57:02	0:57:56
410.	(74)	852	Leonard Beving	M20		29:39	28:51	0:57:05	0:58:29
411.	(56)	1060	Jan Pohlkamp	M30		29:14	28:58	0:57:06	0:58:12
412.	(20)	1338	Gerd Ahrens	M60		27:44	29:59	0:57:07	0:57:42
413.	(57)	873	Benedikt Krassort	M30		27:39	29:55	0:57:10	0:57:33
414.	(37)	1615	Michael Seifert	M55	SV Blau-Weiß Aasee Münster	27:27	30:07	0:57:12	0:57:34
415.	(50)	1045	Markus Luig	M45		30:03	28:24	0:57:12	0:58:27
416.	(75)	884	Nico Ilgner	M20		27:51	30:19	0:57:21	0:58:09
417.	(38)	1567	Dieter Heitkötter	M55	Hägermeister	28:44	29:26	0:57:37	0:58:09
418.	(76)	919	Jonas Winter	M20		29:12	29:19	0:57:38	0:58:31
419.	(75)	1144	Thomas Sackmann	M50	Team Faxe Laufteam	29:31	29:10	0:57:39	0:58:40
420.	(39)	1315	Robert Focke	M55		26:49	31:02	0:57:42	0:57:51
421.	(77)	1136	Julius Kusch	M20		27:22	31:08	0:57:49	0:58:30
422.	(32)	1462	Roland Steinrücken	M40		30:08	29:08	0:57:52	0:59:15
423.	(78)	810	Christopher Knuf	M20		29:32	29:37	0:58:02	0:59:08
424.	(79)	1025	Carsten Tytko	M20		29:44	29:25	0:58:04	0:59:09
425.	(33)	1471	Henning Zaft	M40		30:09	29:06	0:58:04	0:59:15
426.	(51)	1038	Ronald Schulz	M45		27:16	30:57	0:58:06	0:58:13
427.	(3)	1333	Fabian Homann	MU16		29:14	29:56	0:58:08	0:59:10
428.	(76)	1336	Georg Homann	M50		29:14	29:58	0:58:10	0:59:11
429.	(80)	1335	Marc-André Neumann	M20		29:17	30:05	0:58:20	0:59:22
430.	(81)	1325	Guido Wulf	M20	Emilios	29:04	30:19	0:58:25	0:59:22
431.	(49)	1605	Sebastian Nielsen	M35		29:05	30:07	0:58:25	0:59:12
432.	(82)	927	Lennart Vetter	M20	Running Gags	30:58	28:53	0:58:27	0:59:51
433.	(77)	1005	Hagen Döring	M50	Rennraketen Lünner See	29:26	30:04	0:58:29	0:59:29
434.	(50)	830	Jörg Riemann	M35	DieBesten	29:35	29:44	0:58:35	0:59:19
435.	(83)	999	Martijn Volmer	M20	VfL Martini	28:41	30:26	0:58:38	0:59:06
436.	(58)	1168	Karim El Naggar	M30		28:32	30:37	0:58:38	0:59:08
437.	(40)	1132	Markus Nühlen	M55		28:22	31:10	0:58:40	0:59:32



# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
438.	(59)	939	Philipp Komurka	M30		29:42	29:47	0:58:41	0:59:28
439.	(78)	918	Frank Tischner	M50	Kreishandwerkerschaft Steinfurt-Warendorf	28:49	30:34	0:58:42	0:59:23
440.	(34)	1518	Daniel Brinkmann	M40	Squashboard Münster	29:39	29:57	0:58:52	0:59:36
441.	(60)	1617	Björn Helfer	M30	Pasadena Tri Club	28:50	30:50	0:59:01	0:59:40
442.	(35)	1322	Christian Möller	M40	Emilios	29:11	30:56	0:59:08	1:00:07
443.	(84)	1324	Alexis Raketokowski	M20	Emilios	29:11	30:56	0:59:08	1:00:07
444.	(41)	960	Dietmar Schneider	M55	LSF Münster	29:53	30:34	0:59:13	1:00:27
445.	(79)	1221	Jürgen Ellerkamp	M50	SCG Gremmendorf	30:04	30:25	0:59:15	1:00:29
446.	(52)	1271	Christoph Balke	M45	SC Gremmendorf	30:00	30:30	0:59:17	1:00:29
447.	(85)	894	Leonhard Plitt	M20	Team Boeselburg	30:16	30:17	0:59:21	1:00:32
448.	(36)	1197	Hendrick Wortmann	M40		28:56	30:56	0:59:23	0:59:52
449.	(42)	1201	Stefan Sroka	M55	TuS Altenberge 09	29:54	30:56	0:59:24	1:00:49
450.	(4)	1283	Gerhard Canstein	M70	TuS Hiltrup	30:02	30:31	0:59:29	1:00:32
451.	(43)	1540	Reik Weber	M55	SV Nienhagen	31:30	29:23	0:59:33	1:00:53
452.	(51)	886	Carl Stolze	M35		28:23	31:50	0:59:41	1:00:12
453.	(21)	1589	Andreas Reichelt	M60	firmengruppe H. Brück	30:32	30:34	0:59:48	1:01:06
454.	(80)	1588	Antonio Bravo	M50	firmengruppe H. Brück	30:32	30:35	0:59:50	1:01:07
455.	(81)	864	Bernd Altmann	M50		30:23	30:29	0:59:54	1:00:51
456.	(37)	1071	Gerrit Wiedeloh	M40	Freiwillige Feuerwehr Löschzug Altstadt	29:29	31:44	0:59:59	1:01:13
457.	(82)	1299	Raimund Linn	M50	FI Sport	30:49	30:29	0:59:59	1:01:18
458.	(22)	1346	Heinz Wiefermann	M60		29:39	31:17	1:00:07	1:00:55
459.	(52)	1631	Björn Friedrichs	M35		29:29	31:35	1:00:09	1:01:04
460.	(86)	827	Pascal Hortmann	M20		29:30	31:37	1:00:11	1:01:06
461.	(38)	1014	Tim Schubbert	M40	AWRM Nordwalde	29:03	32:02	1:00:20	1:01:05
462.	(53)	808	André Feldmeier	M45		30:03	31:13	1:00:27	1:01:16
463.	(61)	1182	Patrick Grabow	M30	BSG LVM Versicherung	27:59	33:13	1:00:31	1:01:12
464.	(54)	800	Burkhard Tiehen	M45	Himmelfahrtskommando	30:27	31:09	1:00:31	1:01:35
465.	(23)	979	Ronald Götze	M60	lindgrün buer	30:12	31:30	1:00:32	1:01:41
466.	(83)	1137	Hans Mezger	M50		30:42	30:44	1:00:44	1:01:26
467.	(55)	1293	Carsten Kreimer	M45	Laufen gegen Leiden e.V.	31:17	30:45	1:00:45	1:02:01
468.	(5)	1077	Christoph Kaldewei	M70	LG Ahlen	29:19	32:07	1:00:49	1:01:26
469.	(6)	1260	Werner Struck	M70	Laufftreff Hohenholte	29:53	32:10	1:01:22	1:02:03
470.	(7)	1103	Iago Rojas-Cepero	MU18	Univ.Granada &FH Munster	34:21	28:35	1:01:33	1:02:55
471.	(7)	1219	Leo Michalke	M65		30:02	32:47	1:02:04	1:02:49
472.	(8)	1332	Johann Bohle	M65	Münster Rollt e.V.	31:18	32:33	1:02:36	1:03:51
473.	(39)	843	Steffen Bulicke	M40		31:43	32:28	1:02:58	1:04:11
474.	(56)	1286	Matthias Rübsam	M45	TuS Hiltrup	30:34	33:09	1:03:01	1:03:42
475.	(40)	1172	Moritz Uecker	M40		32:39	31:35	1:03:06	1:04:13
476.	(41)	984	Oliver Fuhrmann	M40		30:33	33:08	1:03:09	1:03:41
477.	(44)	1472	Dieter Franke	M55		31:14	32:30	1:03:10	1:03:43
478.	(84)	1088	Ingo Holthenrich	M50		31:11	33:00	1:03:19	1:04:10
479.	(45)	1483	Hans Nieberg	M55		32:38	32:07	1:03:21	1:04:45
480.	(53)	1441	Marcel Zwanzig	M35	Team Bullet e.V.	29:34	34:30	1:03:35	1:04:04
481.	(62)	1074	Jan Kellermann	M30	Freiwillige Feuerwehr Löschzug Altstadt	32:17	32:43	1:03:44	1:04:59
482.	(87)	920	Urs	M20		31:02	33:56	1:04:02	1:04:58
483.	(88)	1073	Rafael Neuffer	M20	Freiwillige Feuerwehr Löschzug Altstadt	32:17	33:51	1:04:54	1:06:07
484.	(57)	1426	Klaus Gorschlüter	M45		31:21	34:53	1:05:07	1:06:14
485.	(54)	1547	Tim Vogelwedde	M35		31:38	35:12	1:05:43	1:06:50
486.	(89)	926	Lucas Bobeth	M20	Running Gags	32:07	35:22	1:06:06	1:07:29
487.	(55)	974	Carsten Jahnke	M35		31:21	36:25	1:07:10	1:07:45
488.	(58)	913	Peter Glösekötter	M45	Uni-Granada & FH Münster	35:27	33:27	1:07:31	1:08:54
489.	(8)	912	Ignacio Rojas Valenzuela	MU18	Uni-Granada & FH Münster	35:27	33:28	1:07:32	1:08:55
490.	(85)	911	Ignacio Rojas Ruiz	M50	Uni-Granada & FH Münster	37:00	31:57	1:07:34	1:08:56
491.	(46)	900	Anselm Elsbroek	M55		34:08	35:19	1:08:34	1:09:27
492.	(90)	10102	N.N. 10102	M20		33:06	36:35	1:08:55	1:09:41

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

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Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
493.	(9)	1606	Erhard Niehsen	M65	Team LOMLO	33:05	36:36	1:08:55	1:09:40
494.	(2)	1244	Paul Hagelschur	M75	TuS Altenberge 09	35:02	35:46	1:09:28	1:10:48
495.	(47)	1350	Norbert Brink	M55		34:24	36:46	1:10:18	1:11:10
496.	(91)	1349	Niklas Brink	M20		34:29	36:42	1:10:18	1:11:10
497.	(86)	903	Niels Bohr	M50	Open Grid Europe	35:52	38:21	1:12:46	1:14:12
498.	(48)	1308	Richard Pfeiffer	M55	Die Guten	35:48	38:23	1:13:19	1:14:10

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
Weiblich									
1.	(1)	1096	Anika Fels	W20	LG Coesfeld	18:22	19:24	0:37:44	0:37:45
2.	(2)	1431	Johanna Rellensmann	W20	LSF Münster	18:22	19:26	0:37:47	0:37:48
3.	(1)	1354	Annasophie Drees	WU20	VfL Löningen	18:20	20:35	0:38:53	0:38:54
4.	(3)	1196	Leonie Zumhasch	W20	BSG LVM Versicherung	19:36	20:05	0:39:36	0:39:40
5.	(4)	1399	Syna Meierkamp	W20	LSF Münster	19:10	20:38	0:39:45	0:39:48
6.	(5)	1444	Leonie Baginski	W20	LG Gummersbach	19:16	20:40	0:39:52	0:39:56
7.	(6)	1279	Christine Greve	W20	LSF Münster	19:22	21:25	0:40:44	0:40:47
8.	(2)	812	Marie Sommer	WU20	LSF Münster	19:49	21:21	0:41:06	0:41:10
9.	(7)	1451	Svenja Betz	W20	SC Ostheim Röhn	19:42	22:35	0:42:10	0:42:17
10.	(8)	1459	Theresa Geister	W20	Active Laufsport MS	20:33	21:43	0:42:11	0:42:16
11.	(1)	1040	Laura Scupin	W30		22:11	23:26	0:45:20	0:45:36
12.	(1)	1256	Beate Herrmann	W55	TuS Altenberge 09	21:47	23:40	0:45:21	0:45:27
13.	(1)	1067	Judite Campos	W45	Laufftreff Hohenholte	22:35	23:25	0:45:22	0:46:00
14.	(1)	1440	Sina Kerkering	W40	LSF Münster	22:12	23:30	0:45:34	0:45:42
15.	(1)	1280	Gudrun Becker	W50	SV Herbern	21:52	24:12	0:45:52	0:46:03
16.	(1)	1034	Jutta Lindemann	W35	Marathon Ibbenbüren	23:11	23:25	0:45:57	0:46:36
17.	(9)	1113	Laura Christin Glaser	W20		22:32	23:51	0:46:10	0:46:22
18.	(2)	1162	Annika Wienhölter	W30	1. FC Vorne Links	22:58	23:55	0:46:14	0:46:52
19.	(10)	1361	Lara Zölck	W20		22:57	24:22	0:46:57	0:47:18
20.	(2)	1120	Alexandra Frohne	W40	LG Ems Warendorf	23:56	23:53	0:47:10	0:47:48
21.	(3)	1298	Desiree Sauren	W40	BIRKESDORFER TV	23:44	24:10	0:47:21	0:47:53
22.	(3)	1217	Alexandra Wecke	WU20	Laufftreff Hohenholte	23:23	24:39	0:47:23	0:48:01
23.	(3)	1345	Jennifer Leimkuhle	W30	LC Duisburg	24:15	24:02	0:47:35	0:48:17
24.	(2)	1236	Claudia Tente	W35		23:18	24:27	0:47:36	0:47:45
25.	(2)	1215	Petra Gehltomholt	W50	TuS Altenberge 09	23:14	24:38	0:47:37	0:47:51
26.	(3)	1194	Sandra Weidner	W35	BSG LVM Versicherung	24:48	23:56	0:47:39	0:48:43
27.	(2)	1506	Ricarda Diller	W55	TSU Schloß Nenlars	23:58	24:25	0:47:42	0:48:22
28.	(11)	1011	Susanne Hirzebruch	W20	Schokokrossies	23:19	25:36	0:48:33	0:48:55
29.	(4)	1369	Laura Lawes	W40	Northwood Runners	23:46	25:37	0:48:56	0:49:23
30.	(2)	1234	Karin Bosse	W45		24:53	24:56	0:49:12	0:49:49
31.	(12)	1055	Anna Wolking	W20	Tri Finish Münster	24:20	25:27	0:49:19	0:49:46
32.	(4)	1259	Esther Klein	W30	Djk Adler Buldern	24:00	25:35	0:49:20	0:49:35
33.	(5)	929	Annina Grädel	W30		24:39	25:12	0:49:23	0:49:51
34.	(6)	1468	Helen Höfener	W30	Laufftreff Hohenholte	24:15	25:41	0:49:33	0:49:56
35.	(13)	1341	Christin Lütke-Hockenbeck	W20		24:32	25:38	0:49:33	0:50:10
36.	(14)	1109	Hitomi Sakano	W20		25:43	25:05	0:49:48	0:50:47
37.	(15)	1620	Meike Kober	W20		24:10	26:02	0:49:55	0:50:12
38.	(7)	511	Christina Hornberger	W30	LSF Münster	25:54	25:11	0:50:11	0:51:04
39.	(16)	948	Constanze Kleineheinrich	W20	BSG Sparkasse Münsterland Ost	25:15	25:47	0:50:26	0:51:01
40.	(5)	1501	Mirian Kempin	W40	DJK GW Amselssiren	24:56	25:30	0:50:26	0:50:26
41.	(4)	954	Jana Meißner	W35	Jugendfeuerwehr Magdeburg-Südost	24:24	26:22	0:50:27	0:50:46
42.	(8)	921	Gesa Siemsen	W30		26:17	25:30	0:50:30	0:51:46
43.	(5)	1262	Svenja Lederer	W35		24:28	26:20	0:50:30	0:50:48
44.	(3)	1368	Caro Dr. Dame	W45		25:34	26:17	0:50:48	0:51:50
45.	(17)	1079	Lena Hassink	W20		26:31	26:10	0:51:19	0:52:40
46.	(4)	956	Christel Effing	W45	TV Vreden	25:06	26:33	0:51:20	0:51:39
47.	(5)	1301	Miriam Kolar	W45	LSF Münster	25:50	26:42	0:51:53	0:52:32
48.	(18)	1024	Marlen Reufer	W20		25:25	26:55	0:51:56	0:52:20
49.	(19)	1028	Marleen Vadder	W20	HSP Münster	26:59	25:50	0:51:56	0:52:49
50.	(6)	1295	Maike Bergkeller	W35		25:30	27:05	0:51:57	0:52:35
51.	(1)	1696	Rita Lanwer	W60	LSF Münster	25:29	26:39	0:52:02	0:52:07
52.	(7)	938	Anke Neukaeter	W35		25:34	26:57	0:52:09	0:52:30
53.	(9)	1108	Isabel Moddick	W30		26:22	26:42	0:52:14	0:53:03

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
54.	(3)	924	Dorothea Brahm-Tobies	W50	WWU Münster	26:20	26:49	0:52:19	0:53:09
55.	(6)	1122	Petra Hendricks	W45	LSF Münster	25:52	27:07	0:52:20	0:52:58
56.	(20)	1154	Helena Reimers	W20		25:34	27:08	0:52:26	0:52:42
57.	(21)	1490	Svenja Kaese	W20		27:07	26:36	0:52:32	0:53:43
58.	(10)	1555	Lisa Schmredek	W30	Benchmark Crossfit 48	26:03	27:06	0:52:33	0:53:08
59.	(22)	1147	Charlotte Heithoff	W20		24:54	27:50	0:52:34	0:52:43
60.	(23)	1149	Hanna Blom	W20		24:54	28:16	0:53:00	0:53:10
61.	(3)	504	Christine Schillmüller	W55		27:43	26:43	0:53:03	0:54:25
62.	(11)	512	Marlene Stellrecht	W30		25:55	28:03	0:53:05	0:53:57
63.	(6)	816	Jeannine Böckmann	W40	TV Wolbeck	26:47	27:07	0:53:28	0:53:53
64.	(8)	891	Kirsten Eveld	W35		27:16	27:00	0:53:37	0:54:15
65.	(24)	869	Malin Radtke	W20		27:07	26:51	0:53:39	0:53:57
66.	(25)	1433	Laura Agnesens	W20		25:17	28:58	0:53:40	0:54:14
67.	(26)	1633	Maike Lewandowski	W20	DJK Wacker Mecklenbeck	26:00	28:17	0:53:50	0:54:16
68.	(4)	975	Gabi Kleine Vorholt	W55		27:07	27:41	0:53:52	0:54:48
69.	(27)	1457	Malina Markutzik	W20	TV Waldgirmes	26:30	28:02	0:53:56	0:54:32
70.	(7)	1253	Jenny Engler	W45		27:02	28:06	0:53:59	0:55:08
71.	(7)	806	Janine Kreimer	W40		25:39	28:46	0:54:00	0:54:24
72.	(12)	1456	Pia Grundmann	W30		26:30	28:10	0:54:05	0:54:39
73.	(28)	1117	My Ngoc Pham	W20		25:26	29:04	0:54:26	0:54:30
74.	(4)	1556	Elke Grosse-Schute	W50	BSG Sparkasse MSLO	28:39	27:00	0:54:32	0:55:38
75.	(1)	1304	Isabel Kruse	WU18		25:43	29:24	0:54:40	0:55:07
76.	(8)	1493	Daniela Podewilt	W45	SG Sendenhorst	28:41	27:25	0:54:40	0:56:06
77.	(5)	1485	Claudia Pyttel	W50		27:44	28:05	0:54:43	0:55:48
78.	(6)	1339	Anja Kestermann	W50	BSG Provinzial	27:04	28:10	0:54:43	0:55:14
79.	(13)	1095	Lisa Bergmann	W30		28:12	27:25	0:54:51	0:55:37
80.	(4)	1047	Lisa Przybilla	WU20		28:52	26:59	0:54:55	0:55:51
81.	(5)	1267	Pia Buthe	WU20		27:43	28:23	0:54:55	0:56:05
82.	(14)	1388	Marie Schmitz-Moormann	W30		28:37	27:49	0:55:07	0:56:25
83.	(9)	857	Judith Köppen	W35		27:09	28:25	0:55:21	0:55:34
84.	(10)	1636	Irene Pasternat	W35	ASC Ahlen	26:24	29:23	0:55:36	0:55:47
85.	(7)	1530	Beate Giesen	W50	Lauffreunde Gremmendorf	27:46	28:36	0:55:41	0:56:22
86.	(9)	1204	Simone Althues	W45	LT Billerbeck	29:13	27:49	0:55:43	0:57:02
87.	(10)	1167	Jutta Reuver	W45	Turo Darfeld	29:14	27:49	0:55:43	0:57:02
88.	(8)	1031	Mecky Bertels	W50	LSF Münster	29:13	27:49	0:55:44	0:57:02
89.	(11)	1487	Katharina Meyer	W35		29:14	28:03	0:56:01	0:57:16
90.	(15)	1461	Miriam Jüdiges	W30	Tri Finish Münster	27:46	28:59	0:56:05	0:56:45
91.	(9)	1166	Maria Kamrath	W50		27:42	29:10	0:56:09	0:56:52
92.	(29)	1082	Rebecca Lünemann	W20		28:52	27:57	0:56:12	0:56:48
93.	(11)	1033	Bruni Petry	W45	LSF Münster	29:00	28:28	0:56:18	0:57:27
94.	(12)	1187	Christina Lünenborg	W35	BSG LVM Versicherung	27:42	29:18	0:56:18	0:57:00
95.	(6)	1275	Anna Flotho	WU20	:-)))	28:11	28:46	0:56:18	0:56:56
96.	(2)	1269	Doris Grieb	W60	Sendenhorst	26:58	29:56	0:56:22	0:56:53
97.	(8)	815	Simone Brüning	W40		27:02	29:51	0:56:27	0:56:52
98.	(9)	855	Silke Philipps	W40		29:34	28:24	0:56:38	0:57:57
99.	(13)	916	Daniela Reichert	W35		29:27	28:10	0:56:44	0:57:37
100.	(1)	1590	Tabea Süßenbach	WU16		28:38	28:56	0:56:46	0:57:33
101.	(30)	1165	Sonja Roßmann	W20		29:47	28:19	0:56:55	0:58:06
102.	(10)	1609	Annette Robert	W50		28:51	29:10	0:56:55	0:58:00
103.	(31)	1086	Laura Möllers	W20		29:47	28:22	0:56:58	0:58:09
104.	(16)	874	Laura-Jane Krassort	W30		27:33	30:02	0:57:11	0:57:34
105.	(12)	1292	Sabine Stens	W45		28:35	29:39	0:57:13	0:58:14
106.	(10)	1598	Lilly Bleister	W40		29:18	29:14	0:57:13	0:58:31
107.	(14)	1183	Heike Hano	W35	BSG LVM Versicherung	27:59	30:01	0:57:20	0:57:59
108.	(13)	897	Annelie Schulze Dephoff	W45	:-)))	30:35	28:19	0:57:30	0:58:53

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
109.	(32)	942	Lea Weißel	W20		28:22	29:50	0:57:31	0:58:11
110.	(17)	1223	Frauke Stephan	W30		28:31	30:00	0:57:32	0:58:31
111.	(11)	1065	Dorothee Noll	W50	Lauftreff Coerdestr.	29:26	29:20	0:57:45	0:58:46
112.	(12)	1013	Ulrike Willenborg	W50	Ohne Verein	27:42	30:23	0:57:51	0:58:04
113.	(18)	867	Kristina Menke	W30		28:04	30:39	0:57:52	0:58:42
114.	(5)	1533	Ursula Glasbrenner	W55		29:06	29:47	0:57:58	0:58:53
115.	(33)	811	Sabrina Hespeling	W20		29:32	29:37	0:58:02	0:59:09
116.	(19)	947	Andrea Just	W30		29:55	29:31	0:58:06	0:59:26
117.	(34)	957	Ina Pumpün	W20		29:55	29:32	0:58:06	0:59:27
118.	(13)	1486	Stefanie Pyttel	W50		28:32	30:42	0:58:09	0:59:14
119.	(35)	909	Katharina Thiel	W20	Lauftreff Hohenholte	29:54	29:30	0:58:12	0:59:24
120.	(11)	1068	Sylvia Clausen	W40	-	28:26	30:35	0:58:13	0:59:00
121.	(1)	994	Magdalena Wedding	W65		29:32	29:45	0:58:17	0:59:17
122.	(15)	1563	Nga Vu Thry	W35		30:11	29:27	0:58:23	0:59:37
123.	(36)	1003	Dorthe Flothmann	W20	Marathon Steinfurt	29:38	30:06	0:58:25	0:59:43
124.	(20)	1004	Nadja Flothmann	W30		29:38	30:06	0:58:26	0:59:43
125.	(37)	928	Hanna Sophie Kurtz	W20	Running Gags	30:58	28:53	0:58:27	0:59:51
126.	(16)	932	Arnchild Prepens	W35		29:32	29:40	0:58:31	0:59:12
127.	(38)	1277	Tatjana Matheisen	W20		28:58	30:02	0:58:33	0:58:59
128.	(17)	831	Freya Maffert	W35	DieBesten	29:35	29:44	0:58:35	0:59:19
129.	(39)	997	Svenja Bickmann	W20	VfL Martini	28:40	30:26	0:58:38	0:59:06
130.	(40)	940	Ramona Komurka	W20	:~)))	29:42	29:47	0:58:41	0:59:28
131.	(41)	998	Grete Götte	W20	VfL Martini	28:43	30:44	0:58:58	0:59:26
132.	(21)	1618	Helena Helfer	W30	Pasadena Tri Club	28:50	30:50	0:59:00	0:59:40
133.	(42)	1634	Eva Hage	W20		29:04	30:52	0:59:12	0:59:55
134.	(14)	1061	Nicole Gövert	W50		29:13	30:25	0:59:16	0:59:37
135.	(6)	1090	Birgit Althoff	W55	FI Sport	29:19	30:56	0:59:18	1:00:14
136.	(12)	933	Christina Allhoff	W40		28:28	31:27	0:59:27	0:59:55
137.	(18)	1094	Anja Cron	W35	-	29:22	30:56	0:59:33	1:00:17
138.	(22)	1539	Lena Brinkmann	W30		31:30	29:24	0:59:33	1:00:53
139.	(43)	1157	Laurien Gebhardt	W20		29:52	30:57	0:59:38	1:00:49
140.	(23)	1519	Sabina Vogel	W30	EFC Schwanheim	30:31	30:20	0:59:38	1:00:51
141.	(14)	1425	Stephanie Gorschlüter	W45		30:34	30:19	0:59:45	1:00:52
142.	(3)	1334	Barbara Schulte-Rath	W60		29:21	31:21	0:59:59	1:00:41
143.	(44)	1300	Frederike Linn	W20		30:49	30:29	0:59:59	1:01:18
144.	(15)	1181	Petra Eckrodt	W45	BSG LVM Versicherung	29:31	31:23	1:00:01	1:00:53
145.	(45)	826	Lisa Kampert	W20		29:30	31:38	1:00:13	1:01:07
146.	(24)	1591	Maike Dittlof	W30		29:13	32:07	1:00:33	1:01:20
147.	(19)	1116	Sarah Bertels	W35		30:07	30:49	1:00:38	1:00:56
148.	(46)	1111	Camilla Nienhaus	W20		31:17	30:41	1:00:41	1:01:58
149.	(13)	1158	Tanja Ehrhardt	W40		30:09	30:54	1:00:44	1:01:02
150.	(47)	1131	Louisa Henning	W20	Laufen gegen Leiden e.V.	31:16	30:45	1:00:44	1:02:00
151.	(25)	1290	Anke Hoyer	W30	Laufen gegen Leiden e.V.	31:17	30:44	1:00:45	1:02:01
152.	(14)	1161	Meike Kessler	W40	1. FC Vorne Links	30:01	31:25	1:00:47	1:01:26
153.	(20)	917	Romy Frandrup	W35		30:35	31:13	1:00:54	1:01:48
154.	(48)	1126	Mareen Fedder	W20	Lsf atemnot	30:12	31:44	1:00:55	1:01:55
155.	(21)	977	Christin Temme	W35	SV Bösensell	30:36	31:14	1:00:58	1:01:49
156.	(49)	1248	Carolin Laubrock	W20	LSG Geist	31:09	31:43	1:01:26	1:02:52
157.	(15)	1247	Sabine Laubrock	W50	LSG Geist	31:08	31:45	1:01:27	1:02:52
158.	(2)	1608	Carina Ebert	WU18		30:10	32:05	1:01:27	1:02:15
159.	(50)	1207	Christina Wille	W20	Benning Roxel	30:11	31:47	1:01:39	1:01:58
160.	(51)	840	Lorena Polle	W20		30:11	32:29	1:01:48	1:02:40
161.	(16)	1554	Silvana Müller-Ehrenberg	W50		30:28	32:11	1:02:03	1:02:38
162.	(22)	982	Meike Heßelmann	W35		31:20	31:58	1:02:08	1:03:18
163.	(17)	1069	Simone Löchte	W50	Laufsportfreunde Münster	30:18	33:03	1:02:18	1:03:20

# 31. LSF-Silvesterlauf Münster

## Ergebnisliste MW 10 km

Platz	(AK-Pl)	Startnr.	Name	AK	Verein	R1	R2	Netto	Brutto
164.	(7)	848	Anna Thewes	WU20		31:19	32:14	1:02:22	1:03:33
165.	(8)	853	Charlotte Schulte	WU20		31:19	32:20	1:02:28	1:03:38
166.	(23)	1294	Christine Ueing	W35		30:12	33:01	1:02:48	1:03:13
167.	(24)	842	Amilia Jökel	W35		31:45	32:28	1:02:59	1:04:13
168.	(15)	983	Bettina Fuhrmann	W40		30:33	33:01	1:03:01	1:03:33
169.	(25)	1156	Melanie Grund	W35	Laufsportfreunde Münster	32:39	31:35	1:03:06	1:04:13
170.	(16)	1637	Corinna Röge	W45		32:27	32:10	1:03:18	1:04:36
171.	(18)	1087	Anke Wällering	W50	Teckelclub	31:11	33:00	1:03:19	1:04:10
172.	(17)	1639	Bridget Leifeld	W45	W+F Münster	32:27	32:15	1:03:24	1:04:42
173.	(52)	834	Laura Niese	W20	BSV Ostbevern	30:26	33:48	1:03:26	1:04:13
174.	(26)	1083	Vanessa Vater	W30		32:39	32:21	1:03:37	1:04:59
175.	(16)	1481	Antje Vennemann	W40		32:02	33:05	1:03:45	1:05:06
176.	(17)	986	Nicole Seidel-Kock	W40	Cool running	31:17	32:50	1:03:47	1:04:06
177.	(18)	987	Angela Kuhlenbeck	W45	Cool running	31:16	32:51	1:03:48	1:04:07
178.	(26)	988	Sonja Konerding	W35	Cool running	31:18	33:02	1:04:00	1:04:20
179.	(18)	985	Katarina Schomaker	W40	Cool running	31:18	33:03	1:04:01	1:04:21
180.	(2)	1102	Laura Rojas-Valenzuela	WU16	Univ.Granada &FH Munster	34:21	31:04	1:04:02	1:05:24
181.	(19)	989	Susanne Tombrock	W45	Cool running	31:18	33:22	1:04:19	1:04:39
182.	(20)	1171	Melanie Kroos	W45		31:18	33:25	1:04:22	1:04:42
183.	(19)	883	Andrea Ilgner	W50		31:46	33:45	1:04:36	1:05:30
184.	(21)	1104	Kirsten Alting	W45		32:19	33:31	1:04:52	1:05:50
185.	(19)	1106	Sandra Reemers	W40		32:18	33:32	1:04:53	1:05:50
186.	(1)	1427	Antje Gorschlüter	WU12		31:20	34:53	1:05:06	1:06:13
187.	(20)	1258	Jacqueline Schönefeld	W40	TuS Altenberge 09	32:14	34:44	1:05:59	1:06:58
188.	(53)	925	Marlin Goldbeck	W20	Running Gags	32:09	35:21	1:06:04	1:07:30
189.	(27)	1042	Carina Conrads	W35	TUS Altenberge	32:28	34:31	1:06:20	1:06:59
190.	(21)	966	Andrea Rentmeister	W40		32:13	35:43	1:06:48	1:07:56
191.	(7)	1502	Katrin Reef	W55	Burgsteinfurt	32:06	36:37	1:07:47	1:08:42
192.	(28)	1152	Claudia Trost	W35	Concunia	32:37	36:27	1:08:28	1:09:04
193.	(54)	1595	Annika Wenck	W20		34:37	36:17	1:09:34	1:10:53
194.	(29)	1044	Vivien Münstermann	W35	LSF Münster	34:40	36:05	1:09:41	1:10:44
195.	(20)	1351	Marion Brink	W50		34:29	36:41	1:10:17	1:11:10
196.	(30)	981	Andrea Klöckner	W35		34:51	37:46	1:11:26	1:12:37
197.	(22)	1309	Julia Peter	W45	Die Guten	35:49	38:23	1:13:20	1:14:11